

Health Programming and Services Protocol



Health Programming and Services Protocol

Directions:

To confirm that the attached Health Programming and Services Protocol is implemented within the project, provide a policy detailing each of the following components as it applies to the project. Project Teams must use the document as guidance to detail all of the following components implemented in the project. Official protocols must include protocol implementation dates and be on company letterhead.

SECTION 1: Implementation

A qualifying Health Programming and Services Protocol must apply to the following:

Use only the below implementation section relevant to the specific project:

MULTI-TENANT BUILDING

Applies to all building occupants.

SINGLE TENANT BUILDING

Applies to all tenant occupants.

COMMERCIAL INTERIOR

Applies to all tenant occupants.

MULTI-TENANT RETAIL

Applies to all building occupants.

SINGLE TENANT RETAIL

Applies to all tenant occupants.

MULTIFAMILY RESIDENTIAL

Applies to all residents.

SENIOR HOUSING

Applies to all building occupants. For partial credit, protocol may apply only to resident occupants.

COMMERCIAL & INDUSTRIAL SITE

Applies to all occupants within the site.

COMMUNITY SITE

Applies to all occupants within the site.

SECTION 2: Accessibility & Publicity

- The guidelines must require that services and programs are accessible and free of charge to the applicable occupants.
- The guidelines must require that services and programs are publicized to all eligible employees through one of the following:
 - a digital platform, such as a website, digital application, or display screen in common areas.
 - communication material, such as notification emails or newsletters.

SECTION 3: PROGRAMMING TYPES

- Healthcare Services and Programming
 - The guidelines must require establishing a minimum of one health service or program that:
 - is offered a minimum of twice per year (biannually)
 - targets increasing access to health care service(s) through educational sessions, vaccination clinics, contagious disease testing, preventive screening, health insurance enrollment events, or another similar program.
- Stress Support Services and Programming
 - The guidelines must require establishing a minimum of one stress support service or program that:
 - is offered a minimum of once per month
 - targets increasing access to stress support through meditation classes, mental telehealth services, mental health counseling, yoga sessions, lectures, or another similar program.
- Fitness or Nutrition Services and Programming

- The guidelines must require establishing a minimum of one fitness or nutrition service or program that:
 - is offered a minimum of once per month.
 - targets one of the following categories:
 - fitness program(s), such as exercise classes, walking groups, running clubs, dance classes, cycling groups, aerobics courses, active commuting programs.
 - nutrition program(s), such as healthy cooking classes/events or gardening workshops.

SECTION 4: Continuity Plan

- The guidelines must outline a continuity plan that details how the identified programs and services will continue in the event of a long-term closure (2 weeks or more) or significant reduction in occupancy (more than 25% compared to average occupancy the year before).*

*Services or programs must be offered in-person although virtual participation options are encouraged. Programming or services provided by a third-party through employers (such as through insurance or an employee assistance program) may qualify, if all of the subsequent requirements are met.